## INTERNATIONAL TRAINING "I LEND YOU MY SHOES"

21-27 MAY 2018 SPAIN



DE ESTADO DE SERVICIOS SOCIALE E IGUALDAD

injuve



GOBIERNO DE ESPAÑA



DE SANIDAD,



## TRAVEL (between Madrid and Yuncos)

**21st May:** Time: At 14:30 (21st May): Meeting point: \*I will send you the next week, because I need know when and where people arrive.

#### 27th May:

Time: At 07:30 Meeting point: in front of the Hotel

#### Food

Will be provided in different restaurants in Yuncos, close to the activities venue and the hotel. First food provided will be dinner on 21st May and last food provided will be breakfast on 27th May. Food for extra days will be covered at participants expenses.

#### Visit to Toledo

We'll provide transport to and from the city.

## ACOMODATION

**Place:** 

You will share your room with another participant.

http://www.hotelcarlos1.com/galeria.html

Check-in: At 16:00 21st May

Check-out Before 12:00 27th May

> You will have towels, sheets and hairdryer in the hotel.

## **FOOD AND DRINKS**

Will be provided in different restaurants in Yuncos, close to the activities venue and the hotel. First food provided will be dinner on 21st May and last food provided will be breakfast on 27th May. Food for extra days will be covered at participants expenses. Will we have one dinner in Toledo also.

Will be provided water and wine during the lunch and the dinner. In the breakfast and coffee breaks, we will have water, coffee, tea and juice. Others drinks are not covered in the project.

## MONEY ISSUES

Travelling budget by country, per participant: \*Macedonia (360 euro) \*Bulgaria (360 euro) \*Portugal (180 euro) \*Romania (360 euro) \*Armenia (820 euro+100 euro extra cost for visa)

Each participant will buy his/her ticket in advance. To get refunded he/she needs to provide to the coordinating organization with all travel documents (e-tickets, boarding passes, train or bus tickets...). Without this documents we cannot reimburse the costs. All receipts must be sent in original by post to the following address: **Proyecto Kieu- c/Hernán Cortés, 2 - 45230 - Numancia de La Sagra, Toledo - Spain**. Before sending the tickets in original, please make a copy of them and send them with a tracking number in case they get lost.

Travel costs will be reimbursed after successful participation in the TC and dissemination of project results and will be transferred to the partner organization's bank account or if asked to the participants bank account.

There is a participation fee of 60€ per person. This participation fee will be deducted from your travel costs reimbursement.

## Moraghi

## **INTERCULTURAL NIGHT**

You should, by groups, bring some food and / or drink typical of your country. You can not cook, but we can store it in a refrigerator until the intercultural night. In addition, to some activity or short presentation. Proyecto Kieu will take more food to dinner along with your contributions.

That night we will have some visits to share and learn about the rest of the countries.

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Moragh

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# Lend You My Shoes



		21	20	18:30	17:30	17:00	15:30	14:00	12:30	12:00	10:00	09:00		
		Getting to Know each other: BINGO		Expectations and programme	Getting to Know each other	Institutional opening	Welcome at Hotel		Travel				Monday, 21 st May	Day 1
Admininistrative and organisational tasks TC ProCC and Theatre sessions life support	Organisation ZOO	DINER	Day Closure	Teenage and Youth Work	BREAK	Puberty and Youth Work		Growing up	BREAK	Introduction games, care framework, theatre games	Macu's Open Office	Tuesday, 22nd May	Day 2	
	tional tasks	Intercultural evening and introduction to our countries of origin	Preparation for Intercultural Dinner	Day Closure		Becoming a Woman		The social system we live in		Introduction to Image Theatre	Macu's Open Office	Wednesday, 23rd May	Day 3	
		Free Evening in Toledo	DINNER IN TOLEDO		Cultural Visit to Toledo		Council Circle	LUNCH	The encounter between men and women		Becoming a Man	Macu's Open Office	Thursday, 24th May	Day 4
Reflection Moments Travel	Making contact activities	DINER Free Evening Free Evening Concerts in Rugby Field	DINER	Time to prepare workshops	HOW TO PREPARE YOUR OWN WORKSHOP	BREAK	Group techniques: ProCC and Theatre		Understanding groups beneath the surface		Coordinating Groups with a Gender perspective	Macu's Open Office	Friday, 25 th May	Day 5
			Visibility Action with local community in Yuncos	<b>Evaluation and Closure</b>		Q&A + New projects into E+			Sharing Seeds: Workshop presentation by participants	100 TO 10	Macu's Open Office	Saturday, 26th May	Day 6	
		Travel									Participant's Departure		Sunday, 27th May	Day 7

Intercultural - cultural activities

## What Erasmus+ will cover?

#### Travel

Please, contact with us before booking the tickets

#### Training

40h TC about how to include gender equity approach into Youth Work based on non-formal education methods and ProCC methodology

#### Accommodation

You will be hosted in "Hotel Carlos I" in Yuncos. Check-in 21st May at 16:00 and departure 27th May before 12:00. Extra hosting days will be covered at participants expenses

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## **TC Contents I**

#### 1.Getting to know each other (Monday)

It is essential for all the participants to get to know each other but also to get to know each others' working fields, experiences and learning expectations for this TC. During the workshop there will be a lot of experiencesharing and this sometimes can involve opening up personally as well, so it is important to create a comfortable safe space, where participants get to know each other well. Therefore, obce everyone arrives on Monday morning, we will spend the afternoon getting to know everyone in the group, creating a general impression of who we are, and how we can share each others' knowledge and experience during this TC. After all, the first objective of the TC is to help participants to reflect about their own position (in life, work...) regarding gender equity.

#### 2.Being Men and Women Today (Tuesday)

What does it mean, to be men and women in our society today? What makes us men and women? ProCC methodology approach to gender: understanding the socio-historical relational construct of men and women The role of women The role of men

## **TC Contents II**

#### 2.Introduction to Groups and Group Coordination (Wednesday)

Places, Limits and exercising healthy authority The role of the Group Coordinator (facilitator) Some Group Techniques

# 3.Introduction to the teenage development stage (Thursday)

What is going on inside their heads?

How do teenagers and young adults build their gender roles?

Relevant elements of human subjectivity to consider during the teenage stage

#### 4.Putting together Youth Work and Gender equity (Friday-Saturday)

Practical integration of the teenage stage, gender perspective and group coordination for daily Youth Work

Finding our own strategies and alternatives to promote Gender Equity

Evaluation and closure of the workshop

## What do I need to bring with you?

\*The European Health Insurance Card \*The ID or passport (in case of Armenian people, also the visa) \*Your own toiletries (shampoo/deo, etc), but if you wanna buy here, there is some markets. \*Confortable sneakers to visit Toledo \*Clothing for the cold

\*Clothing for the hot

### **Contact details**

For further questions don't hesitate to contact us! Looking forward to meeting you soon!

Proyecto Kieu Team: Macu + 34 690 37 71 74 macu@proyectokieu.org

María + 34 655 76 91 50 maria@proyectokieu.org

Alberto + 34 657 24 65 64 alberto@proyectokieu.org

www.proyectokieu.org https://www.facebook.com/ProyectoKieu