

Would you like playing music in and with the mountains, learn how to organize cultural events in rural areas, make Land art decorations in a wild and beautiful environment, live and share 3 weeks with Spanish, Czech, Polish and French young people! Take part in Music made in Fai!



MUSIC MADE IN FAÏ (06.06.2016 – 27.06.2016)

European Youth Exchange
France, 05400 LeSaix

INFOSHEET

WHO ARE WE ?

Solidarités Jeunesses (SJ) is a **non-formal education** movement which values voluntary commitment, strong political will, and solidarity as its core principles. Our course of actions is influenced by our ideal vision of society, in which progress is social, respect for human beings and the environment is a fundamental and shared value, and the freedom to choose, to dream, and to resist is innate and encouraged by all.

Our activities are organised for all, regardless of gender, social and cultural background, or nationality. Since its creation, SJ participates in the construction and maintenance of peace by promoting intercultural and international social connections here in France and abroad. SJ works through participative pedagogy which supports initiative and personal commitment and combines the skills and intelligences of all our volunteers and employees.

Solidarités Jeunesses is composed of one National Secretary based in Paris, seven Regional Delegations, and one partner association. Our delegations host volunteers from France and from all around the world for short or long periods of time all year round. Furthermore, those delegations and partners host and provide assistance to young people with fewer opportunities, as part of our efforts for inclusion and solidarity. All of our delegations and partners are situated in unique environments, such as castles, former camp-sites, isolated villages in the heart of mountains, and former factories. These places have all been renovated thanks to the work of our short- and long-term volunteers, workers and permanent staff.

Les Villages des Jeunes, Solidarités Jeunesses in Provence Alpes Côte d'Azur

"Villages des Jeunes" was born from the double will to promote the revitalization of rural areas by recreating social, intergenerational and cultural activities and also to renovate deserted sites in those areas. Les Villages des Jeunes is situated in two different places, in the heart of the Alps (Hautes-Alpes): "Hameau de Vaunières" (since 1963) and the Farm of Faï (since 1990). All year long in Vaunières and from April to November at the Farm of Faï, the team of Villages des Jeunes hosts different people from different backgrounds, stories, and countries. The objective is to **allow people from different social and cultural situations to work together at something useful.** From these places, the association leads **various types of initiatives**, which operate within different areas both social and professional (such as vocational training, restoring abandoned buildings, preserving the buildings and the environment and thus the heritage of these places, supporting local projects and stimulating local social activities).

The website of the association: www.villagesdesjeunes.org

LE FAI RESIDENTIAL CENTRE, 05400 LE SAIX

In the heart of the High Alps, the association “Les Villages des Jeunes” has been managing, liv-
ening up and renovating the reception centre of **le Faï** since 1990.

It is a former agriculture domain situated at an altitude of 1000 meters. The old buildings of the farm have been developed into small apartments and group accommodations. At le Faï, from April to December, the association organises inclusion projects for local people who are faced with so-
cial and professional difficulties and host teenagers and young adults experiencing family, health or professional difficulties in order to give them a possibility to get professional experience. In the summer, the Faï is also a place where professional artists and musicians come to work in and with this extraordinary place. Together, they create and perform at the yearly festivals that take place at the Faï. The youth exchanges and international workcamps organised at the Faï contribute to make this place something “extra”, where people in different ages, from different countries and cultures, employees and volunteers, artists and tourists, live and work together for some days or several months.

THE TRUMPS

In 1990, a unique acoustic project was born at le Faï: two gigantic trumps (amplifiers) were built in the mountain side, in front of the semi circular cliff that overlooks the Faï farm. The music played on the trumps amplifies the natural echo of the mountains and can be heard everywhere in the valley. The youth exchange will consist in the preparation of a musical event **The Day of Music** in order to promote this extraordinary instrument.



If you want to know more about trumps system
<https://lestrompesdufai.wordpress.com/>

THE PROJECT

This Youth exchange will bring together 20 young people aged **18 to 30** from Poland, Czech Republic, Spain and France. This project is an opportunity offered to young people to meet and learn from each other and to create together a cultural event. The exchange will focus on the theme of « cultural development in rural areas » and will be articulated with a yearly cultural event taking place everywhere in France “**La fête de la musique**”.

By setting up a special musical and acoustic event at “la ferme du Faï”, you will learn how to organise an original cultural initiative in a very rural place. You will also learn artistic and group dynamics techniques which could inspire you for future projects in your countries.

During three weeks, you will set up a “musical ballad” in order to get the visitors walking around the

site and experiment the music from various points. Different workshops will be proposed: realization of artistic sculptures and decoration made of natural elements (Land art) that will be disseminated along the walk, construction of furniture with recycled materials, light graff workshops (photo)... You will also put together the sound track that will be played on the trumps by collecting pieces of music from different countries.

This youth exchange will also be an opportunity to think about ways to involve the local population and young people in the preparation of a cultural event: organization of activities with the children from the villages around, the social centers and the people host at the Faï farm (teenagers coming from youth institutions, salaried people taking part in our inclusion action).

Finally, the workshops, debates, exchange of best practices, visits and presentations that will be organized, will be a chance to learn about project management, to question oneself about cultural actions in rural areas and to get inspiration from innovative projects, involving a variety of local stakeholders.

**Participants are invited to propose their own ideas for animations, debates, workshops!
Leaders of the groups can help them in preparation. We want to leave space to your
creativity and involvement!**

The team: The youth exchange will be led by long term volunteers from the year 2014 and permanent staff. The leadership methods employed are those inspired by our experience in the field of international youth workcamps: **working WITH the participants, working together, employing the individual talents and skills of each person...** Discovery, by means of realizing a concrete and collective goal, force and diversity, learning about others and how that contributes to one's own personal development... Real-life experimentation with the values of solidarity, intercultural dialogue, and mutual assistance.

PREPARATORY ACTIVITIES

Below are some examples of preparatory activities that you could do before coming:

1) Preparation of practical activities

- Visit some internet websites about Land Art in order to get some inspiration for your creations at le Faï.
- Check some techniques about furniture and art sculptures made out of recycled elements.
- Choose some pieces of music that you would like to share with others and play on the trumps.

2) Preparation of discussions and debates

- Visit some surprising, strange, innovative cultural places in order to share your discoveries with the other participants.
- Think about themes that you would like to debate with young people from other countries (ie: about Europe, rural areas, cultural development).

- Collect some games, energizers, evaluation techniques that you would like to lead during the youth exchange.

3) Expectations

- Write down your expectations about this exchange, or your talents, dreams and ideas that you would like to explore...

COLLECTIVE LIFE

Your group will consist in 20 participants. Please note however that other groups will live with you at the Faï at the same time: international workcamps, family workcamp, inclusion actions and maybe holiday makers, tourists...

During the project, everyone is expected to take part in everyday life.

The language used during the exchange will depend on the group and the capacities of each volunteer, but English and French are the common languages on such projects.

Collective life is a key issue in the project. It is a support for meetings and exchanges between everyone, every participant of youth exchange but also every different public hosted in Faï (permanent staff, inclusion team, volunteers, participants of international workcamps, holiday makers, groups). For this reason, everybody is supposed to act responsibly and to take part actively in everyday tasks. Meals, household, washing up and all the efforts to keep the area clean and tidy are carried out in turns and by small groups. The meals are taken all together between all the residents of the centre. You can bring some recipes from your country!

The daily tasks (meals, cleaning etc) are shared by all volunteers.

FREE TIME

Les Villages des Jeunes considers workshop as an experimentation of collective lifestyle. That is why participants will organise their free time and leisure that could fit to group expectations, regarding budget, time and available leisure. Solidarités Jeunesses considers youth exchanges as places of collective experience. Therefore the participants plan and realize free-time activities together in the region around the project place. It is up to each of you to take an active role in the camp life in a way that is comfortable for you and for the whole group.

Those possibilities can be really diversified (regional tourism, local events, inhabitants meetings, green tourism, etc.). It is the responsibility of all participants to organise their free time and to participate to the good dynamism of the group.

volunteers can be visited. Le Saix, the closest village to Faï, has a population of about 80 inhabitants. It is set in a very rural area where people live mostly on agricultural and pastoral activities and are eager to develop tourism.

The closest cities are: Gap (40 km), Grenoble (100 km), Sisteron (60 km), Marseille (200 km).

ACCOMMODATION AND SERVICES

Participants will be accommodated in dormitories and will have at their disposal all the facilities of the centre (dining room, kitchen, showers and toilets).

Internet: there is Internet access at le Faï but it is only available for the staff. You will be able to use it in case of emergency.

Mobile phones: as we are in the mountains, the network is not too good but it is possible to make and receive phone calls.

DO NOT FORGET

- mountain shoes
- sleeping bag (it should be a WARM sleeping bag as nights can be cold)
- work shoes and work gloves
- torch (flashlight)
- warm clothes, rain gear
- instruments, games, recipes, pictures, postcards from your country
- swimming suit
- **musical instruments (there is a possibility to do some concerts),**
- games, special recipes, photos, post cards from your country/region...
- bathing suit (if you want to go in the river)
- student card (if you are a student)
- **camera** if you have one (for the photo/light graff workshops)
- **pieces of music** to play on the trumps. Beware that the amplification of the natural echo of the mountains allows us to play only slow music, with not too much bass or rhythm (choirs, flute, piano, traditional songs are usually good). Music pieces should be in **WAV** format rather than MP3.



You will be able to lock up the valuables, but you are advised to leave valuable items at home if you don't absolutely need them. **Everyone is responsible for their own belongings!**

INSURANCE

Les Villages des Jeunes takes an insurance regarding "Civil responsibility and Accident" during the workshop but insurance regarding illnesses is at your charge during it. We invite you thus to contract a complementary insurance for it if you haven't one. French participants must bring with them their Social Security number. For EU residents, you should ask for European social insurance card and bring it with you. At last, for non-EU residents, bring with you a document to confirm that you have a social security cover. Don't forget to be updated regarding vaccination.

MEETING POINT

6th of June 2016

16h30 or 19h00
VEYNES DEVOLUY train station

Please write a mail to Clotilde Fenoy, dr@villagesdesjeunes.org to inform us about your arrival time (please check train time tables). Do not hesitate contacting us, if you have any problems during your travel!

HOW TO COME?

The closest airports with the easiest connections to Veynes Devoluy are Marseille-Provence, Lyon Saint Exupéry, Paris, Grenoble. Shuttle buses make the connections between the airports and the stations.

BY TRAIN / BY BUS

You can check train time tables on www.voyages-sncf.com (or look at the possibilities below); You have to go to Veynes-Dévoluy train station.

BY CAR

If you come by car, please take a detailed map! We will meet at Veynes Devoluy train station
Check out the advice roads on : www.mappy.fr .

ADDRESSES

Youth-Exchange address Les Villages des Jeunes
Centre d'accueil du Faï
05400 LE SAIX
Responsible : Michel Dupré
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Regional delegation Les Villages des Jeunes
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Emergency contact Emergency contact of Solidarités Jeunesses in Paris, in case you are unable to directly contact the regional delegation: **0033 6 99 94 84 04.**