



International Cultural Youth Exchange
Internationaler Jugend- und Kulturaustausch
Echange Culturel International de Jeunes



Schweizerische Eidgenossenschaft
Confédération suisse
Confederazione Svizzera
Confederaziun svizra

Supported by the Swiss Confederation.

EVS Project in Switzerland: 2019

GENERAL INFORMATION ABOUT THE HOSTING ORGANIZATION

Mère Sofia foundation, Lausanne (French speaking area)

Activity duration: 1st of March 2019 – 31st of December 2019 – 10 months

Requirement: Motivation to be in contact with person in precarious situations, like practical work.

www.meresofia.ch



General information concerning the EVS program in Switzerland

- This project would be **granted from the Swiss government** und not the EU, because Switzerland is officially no more a full member of Erasmus +.
- The volunteers will live with a **voluntary Swiss host family**. The candidate should be motivated to share the life of the host family and live an intercultural exchange with them.
- The contributions for **international travel costs are CHF 400**.
- The transportation costs from the project to the host family are covered.
- The volunteer will be insured through the **ICYE group insurance**
- The volunteer will receive a **pocket money of CHF 300 per month (about 275 EUR)**
- The volunteers will work about **30 hours a week**.
- The duration of the EVS is **10 months**.
- The volunteer will receive a **certificate** fill in by ICYE Switzerland and the hosting organization not a youth pass.

The foundation Mère Sofia based in Lausanne is a welfare organization which helps the most impoverished. They have different departments that aid people in need. The volunteer will work mainly at the soup kitchen and may also support the itinerant social service.

About 30 co-workers, 3 interns and 220 volunteers work for the foundation Mère Sofia.

The EVS volunteer will have the opportunity to have an insight in one or two of these departments during his-her EVS, depending of his-her interest and French knowledge.

The EVS volunteer will mainly work at the soup kitchen. In addition to providing food assistance for free every single day of the year, the welfare organization's goal is to welcome each person without discrimination and allow a social contact with a group.

At the soup kitchen, the tasks of the volunteer will be

- Preparation of the meals and help in the kitchen
- Collaboration with voluntary co-workers
- Distribution of the meals
- Logistical help and maintenance work
- Social support during the evening.

When the volunteer has improved her-his French knowledge, he-she can support the **itinerant social service. The tasks will be:**

- Psychological support for people with social and financial insecurity
- Support for the itinerant social service

In this environment of work, the volunteer should be empathic and open minded. She-he should not be afraid to become invested in the lives of the impoverished people taking part in either the soup kitchen or the itinerant social service. Moreover, the volunteer should be able to coordinate a group and to collaborate with the team.

To apply, please fill in the form and send it to evs-sve@icye.ch