





INFO PACK

Training Course

Strengthening Rural Communities

A Youth Empowerment and Community Development Training Programme

27th November – 5th December 2018

Pesaro, Italy

The TC "Strengthening Rural Communities" will gather in Pesaro 24 Youth Workers and young Community Leaders and it aims to strengthen the capacities of rural communities in generating employment opportunities for rural youth, through civic engagement and community development.

SUMMARY OF THE PROJECT:

A wide range of challenges exist for young people in Europe. Amongst the most pressuring challenges is the high unemployment rate for young people living in rural areas and small cities which leads to many young people leaving their home and emigrating to urban centres. As a result, rural communities face a significant brain drain and community development challenges as the young and active generation is bringing in their expertise and energy in their new homes.

Against this background, the project would like to explore a variety of approaches to community-based youth work as an instrument for youth empowerment and community development in rural areas in order to strengthen rural community development and counter the on-going brain drain.

Therefore, the training programme aims to strengthen the capacities of rural communities in generating employment opportunities for rural youth through civic engagement and community development.

Therefore, the programme aims to enhance the competences of youth workers and young community leaders to empower young people to take an active role in community development generating employment opportunities for rural youth in their places of origin.

Objectives of the project

• To enhance the competences of youth workers and young community leaders to empower young people to take an active role in community development and generating employment opportunities for rural youth

• To develop an educational resource pack offering practical and easy-to-use methods and practices for direct youth empowerment work for community development

• To strengthen transnational partnerships and cooperation for educational opportunities for competence development of rural youth













Themes addressed by the project

- Principles and approaches of youth empowerment work
- Approaches to community development
- Youth work as an instrument for rural community development

The project shall **result in the following**:

- Competence development of 24 youth workers and young community leaders in youth empowerment for youth-led community development

- Triggering new local youth initiatives for rural community development in the participating countries

ROLE OF THE PARTNER ORGANIZATION:

We ask every partner organization to have an active role in this project. Tasks of the partners are the following:

- Pre-Selection of the participants in a long-term perspective, giving priority to own staff members / active volunteers;
- Preparation meetings with the selected participants;
- Taking care of the logistic issues together with the participants (travel, reimbursement, etc) and administrative task (visa request, etc.);
- Collaboration during the promotional and visibility phases of the project;
- Collaboration in the dissemination and exploitation phase of the results (collecting report from the participants after the training course, publishing a report on the website, etc...).





SELECTION PROCEDURES:

PROFILE OF PARTICIPANTS:

This project is primarily addressed to participants with the following profile:

- Directly involved in a NGO active in rural areas
- At least basic experience of Erasmus+
- Interested in developing new local youth initiatives for rural community development
- Wish and ability to participate fully in the event
- Good level of English to actively follow the activities and to contribute to them
- Age: over 18 years old

GENERAL RULE: CURRENT EVS VOLUNTEERS CANNOT TAKE PART TO THE PROJECT AS IT WOULD BE DOUBLE FUNDING FROM ERASMUS+

In order to respect the needed profile, **we kindly ask each partner organization to do a pre-selection** of the participants interested in this project, checking if their profiles match with the one required by this project in order to identify the best beneficiaries, and keeping in mind that the project is primarily directed to the own NGO staff members / active volunteers.

After the deadline we will inform if they are selected or not, according to their profile.

TIMING DEADLINE:

- 1. By 30th September: deadline to send the Participant Form (one for each participant) to <u>hosting@vicolocorto.org</u>
- 2. Selected participants will be informed by 7th October
- By 14th October: deadline to fulfil the logistic and travel tasks: Purchase of travel tickets and provide us with all the needed information.
 DON'T BUY TICKETS UNTIL WE GIVE CONFIRMATION







Financing Rules

FINANCING RULES:

Accommodation, meals and working materials are provided by the organisers. Travel costs to the venue and back will be reimbursed up to the maximum of the amount indicated by the distance calculator provide by the EC (see the Travel costs max reimbursable below).

TRAVEL COSTS MAX REIMBURSABLE

COUNTRY	PARTICIPANTS	MAX REIMBURSABLE		
Italy	3	20 € per person		
Austria	3	180 € per person		
Bulgaria	3	275 € per person		
France	3	275 € per person		
Latvia	3	275 € per person		
Spain	3	275 € per person		
Portugal	3	275 € per person		
Turkey	3	360 € per person		

For further information about reimbursement, check Travel Reimbursement Rules (page 7).

TRAVEL DETAILS

The **ARRIVAL** day is Tuesday 25th November 2018. Be in Pesaro before 19.00. The **DEPARTURE** day is Wednesday 5th December 2018.

It's not possible to arrive later than 25th November and depart before 5th December.

Extra-days: following the guidelines of the Erasmus+ programme the travel must be realised by the participants in proximity to the project's dates (the travel cannot start before 23rd November, and the return flight cannot end after 7th December).

In case of longer stay the travel might not be reimbursed.

Food and accommodation for extra-days will not be covered by the organizers.







HOW TO GET TO PESARO:

1. Flight

The main and better connected airports to Pesaro in Italy are Bologna, Milan and Rome.

Bologna (BLQ) is the nearest and best connected with Pesaro, there is a train every hour. It takes about 2 hours to arrive in Pesaro.

Milan and Rome are about 4/5 hours by train far from Pesaro but there aren't too many trains to Pesaro and you need at least one hour from the airport to the railway station. So it means that you've to pay special attention to the flight departure because you can risk to sleep overnight in the airport if there are no trains!

2. Train

For those landing in Bologna airport

When you land at Bologna airport, right out of the exit doors you will find a bus stop on your right, where you can take the shuttle bus (Aerobus) to the main railway station ("Bologna Centrale"). The bus takes around 30 minutes and there is one every 20 minutes. The ticket can be bought on the bus and costs 6 euro, or online here: http://bit.ly/2jbk457

(https://intranetweb.tper.it/WebDmz/WebApps/BLQ/Reservation.aspx?lan=GB)

At the railway station, you have to catch a train to Pesaro, it takes around 2 hours and the cost varies from \in 11,10 (Treno Regionale) to \in 22,50 (Intercity/Freccia Bianca). You can buy the ticket at the ticket office (or machine) in the railway station or online on the web site of the Italian Railway Company www.trenitalia.com (it's a multilingual web site) to choose the most convenient train from Bologna to Pesaro, according to the arrival time of your airplane and to the meeting time at Pesaro train station. Don't forget to validate your train tickets before your departure using the yellow/white machines in the railway station otherwise you'll get a fine!!

Once you buy your ticket, **please send us an sms to the number:** +39.3275796163 to inform about arrival time in Pesaro train station.

3. Pick up at Pesaro train station

Once you will get to Pesaro train station look for an A4 paper with Vicolocorto logo out of the train station!

Emergency contacts

For any communication you can contact us to the number: +39.3275796163







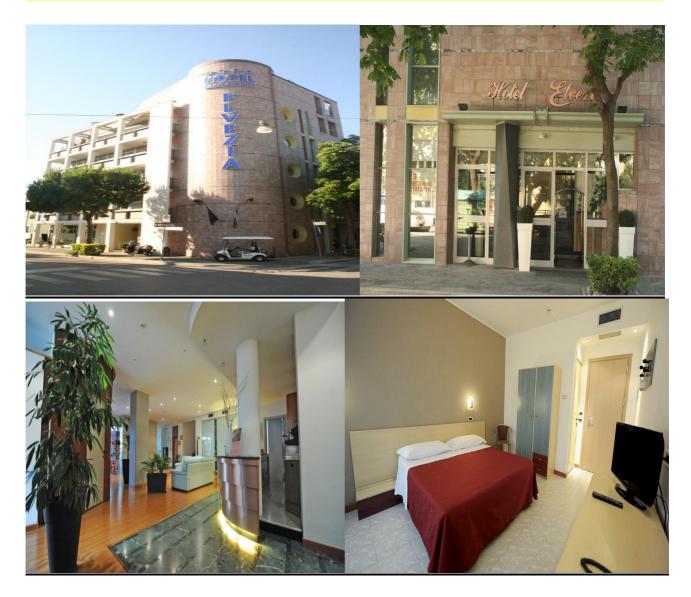
WHAT TO BRING:

- Materials to present your NGO (brochures, video, gadgets etc...)
- Food & drinks, music and games, for the Cultural Evening

ACCOMMODATION:

The project will be held at Hotel Elvezia in Pesaro (viale Fiume 65-67, 61121 Pesaro). Participants will be accommodated in double room or triple. The hotel provides full board (including coffee breaks), towels and bed linen. The Seminar room is in the same building, on the 5th floor. <u>http://www.hotelelveziapesaro.it</u>

We strongly recommend participants to inform the organisers about any special needs such are dietary, vegetarian or any other kind of special needs.









TRAVEL REIMBURSEMENT RULES

Travel reimbursement criteria:

- Most economical criteria: you have to find the most economic transport fares.

- Taxi will be reimbursed only in particular cases to be agreed with us in advance.

- It's not possible to arrive later than 25^{th} November and depart before 5^{th} December.

 Extra-days: following the guidelines of the Erasmus+ programme the travel must be realised by the participants in proximity to the project's dates (the travel cannot start before 23rd November, and the return flight cannot end after 7th December)
 Maximum Reimbursable limit: each country has a budget limit reimbursable, please, check it in the respective section of this infopack.

Please contact us before buying your ticket, and wait for our confirmation.

Flight reimbursement:

To obtain the reimburse of your flight you need to keep all your boarding passes and provide an invoice from the Travel Agency / Flight Company that must contain the following data:

- Has to be clearly written in English and not handwritten.

- There must be written "paid"
- Date, place and number of the Invoice
- The name of the passenger
- The full details of the flight (departure/destination and travel days)
- The total amount of the flight

We will not assure the reimbursement if the invoice does not contain all the elements.

Tickets (bus, train):

They can be reimbursed only if they're legally valid documents.

They must contain clearly the price and the dates. If these info are missing, please, ask to the responsible of the service to add it and put their stamp to validate it.

Reimbursement:

Only original tickets and flight complete with boarding pass will be reimbursed. Please keep all the bus, train and airplane tickets, including boarding pass as well. Expenses will be calculated in Euro and the reimbursement will be paid in Euro. Reimbursement will be done by bank transfer after receiving the original tickets and boarding passes by post: (We suggest you to scan them before to send them to us.)

> Associazione Vicolocorto c/o Centro per l'Impiego, l'Orientamento e la Formazione Via della Robbia 4 61121, Pesaro Italy

Lost or missing tickets will not be reimbursed.







Strengthening Rural Communities

27th November – 5th December 2018

Pesaro, Italy

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8	Day 9
	27/11	28/11	29/11	30/11	01/12	02/12	03/12	04/12	05/12
08:00 - 09:30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
09:45-11:30		Welcoming and Getting to know each other	My personal pathway – Exploring factors for youth empowerment	Community Development Challenges in Europe	n On-site visit to a community project working on community development Em t - id	Empowering and engaging youth – Methods and tools pt.1	Introduction to needs-based project planning with young people pt. 1	Developing action plans for guiding youth-led community initiatives	
11:30 - 12:00		Coffee break	Coffee break	Coffee break		Coffee break	Coffee break	Coffee break	
12:00-13:30	Arrival	Objectives, educational approach and programme	Challenges for Youth Empowerment in our communities	Community development - Principles and approaches		Empowering and engaging youth – Methods and tools pt.2	Introduction to needs-based project planning with young people pt. 2	Developing action plans – Sharing action plans	
13:30 - 15:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:30-17:00		Team Building	Youth empowerment – Principles and approaches	Project Gallery – Sharing approaches and activities pt. 1	Stakeholder meeting with local youth,	Empowering and engaging youth – Methods and tools pt.3	Developing action plans for guiding youth-led community initiatives pt. 1	Follow-up planning & next steps	Departure
17:00 - 17:30		Coffee break	Coffee break	Coffee break	local youth	Coffee break	Coffee break	Coffee break	
17:30-19:00	_	Formulating learning goals	Defining Community Development	Project Gallery – Sharing approaches and activities pt. 2	CSOs and public stakeholders	Empowering and engaging youth – Methods and tools pt.4	Developing action plans for guiding youth-led community initiatives pt. 2	Final Evaluation	
19:00 - 19:30		Daily Reflection	Daily Reflection	Daily Reflection	Daily Reflection	Daily Reflection	Daily Reflection		
19:30 - 20:30	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21.00	Welcome	Cultural Night						Farewell Party	





HOSTING ORGANIZATION

Associazione Vicolocorto

Website: <u>http://www.vicolocorto.org/</u> Blog: <u>https://vicolocortini.wordpress.com</u> Facebook: <u>http://bit.ly/2a5n933</u>

THE TRAINERS

Sebastian Schweitzer	Freelance trainer and consultant who has been working in the educational sector since 2003. He finished Political Science and started working in political and civic education in Germany. In 2006, he focused his work on the South Caucasus and the Western Balkans. Sebastian facilitates seminars and training courses on topics such as peace-building, conflict transformation, active participation and civic education for civil society activists and project managers. From 2011 to 2013, Sebastian co-managed a peace education programme for schoolteachers in Macedonia.
Laura Pierfelici	I am a freelance trainer and NGO coordinator on daily basis. As trainer, I design, run and evaluate international seminars and training courses address to youth workers. Main topic of my projects are recognition of competences in non formal and informal context, project management and inclusion of youngster with fewer opportunities. As NGO coordinator, my tasks are both operational (supervision of educational projects) both political (networking with other stakeholders like schools, institutions and private bodies at local level).

THE TEAM



PASSWORD:

If you read the info-pack till here, please send us an email with the object: Info-pack "LOLLYPOP"



